



Hampden Close / Ferrybridge / West Yorkshire / WF11 8PT
T: 01977 722 510 / F: 01977 722 510
E: info@willowgreen.org.uk
W: www.willowgreen.org.uk
Principal: Miss A Owen

September 3rd 2014

School Guidance for children having Packed Lunches

At Willow Green we aim to promote healthy lifestyles, including healthy eating.

A healthy packed lunch could include:

- A substantial savoury snack e.g. a sandwich, a wrap, a piece of cold quiche, cold pasta, a pasty or a sausage roll.
- A piece of fruit.
- A yogurt.
- A carton of fruit juice or plastic bottle of water (no fizzy drinks please).
- An appropriate treat e.g. a packet of crisps or a biscuit.

Thanks for your continued support.

The Senior Leadership Team.