

What is bullying?

- Behaviour by one person or a group of people.
- Usually repeated behaviour.
- Behaviour that is carried out on purpose
- Behaviour that hurts another person either physically or emotionally.

What can bullying look like?

Repeated and on purpose:

- Name calling or teasing
- Making offensive comments
- Physically hurting someone - pushing, shoving, kicking, hitting
- Threatening someone
- Sending hurtful messages online
- Spreading hurtful stories about people
- Leaving someone out
- Taking, hiding or damaging someone's property

Who could you tell?



Our safeguarding team

- Any adult in school
- A playground pal

- Your friends
- Your family